**概要写作示例与写作训练4**

**【写作示例】**

**【原文呈现】**

阅读下面短文，根据其内容写一篇60词左右的内容概要。

Trina Lucido creates coloring books and inspirations are all around her. “One day I saw a beautiful leaf and bloom. I did a whole page with leaves. So, some came from sketchbooks. Some were just one-word inspiration, and some I just saw something on the ground and that was my inspiration that day.”

Her latest just called *Color, Write and Create*, a coloring journal. It contains 40 pages of hand-sketched drawings and lines to write on. “The idea behind this book is a big idea which to encourage people to be creative. Something else that I heard from people: They are buying these for people who are either ill or going through a rough time. And they feel that this is something that kind of helps them, almost therapeutic(治疗的).”

Adults coloring books is a big business. In December, five of the top 10 best-selling books in the US were coloring books. *Color, Write and Create* is the latest addition to Lucido’s product line that started twenty years ago with handmade greeting cards. “It’s a diary and a sketchbook only once called art journal.” Over the years, she’s created a variety of collectables made of paper, fabric and antique materials. “Everything you do is sort of vantage flare to it.” Business and marketing expert Hillary Tattersall says adults coloring books are an important way for Lucido to grow her online business, Jubilee Flea, and hopefully move toward mass productions. So many of her products that I personally have sold and represented with Trina over the years have been one of kind. To have a commercial success, you need hundreds and hundreds and hopefully thousands and thousands and tens of thousands.”

Lucido’s adults coloring books are also available in local stores where grown-ups are more than happy to sit down and go to work. “It’s very relaxing. Any stress just sort of falls away. It frees your mind. I love her little birds. There is just something about them. They make me smile. So I’m saving the bird pictures to the very end I think.” For now, there is strong demand for adult coloring books and that keeps Lucido happy and busy.

**【思维路径】**

**[核心内容]**

本文是一篇记叙文，全文共分四段。第一段介绍了成人涂色书的创始人Trina Lucido及其创作灵感。第二段介绍了她的最新涂色书*Color, Write and Create*及其理念。第三段主要讲述Lucido的成人涂色书蕴含无限商机。第四段内容为Lucido的涂色书的良好市场反响。

**[写作思路]**

(1)理清文章脉络、概括段落大意。理清文章脉络、概括段落大意是写摘要的基础，同学们可以通过找主题句、分析段落的逻辑关系来梳理文章的脉络，概括大意。本文第一段的中心句是Trina Lucido creates coloring books and inspirations are all around her. 第二段的主题句是第一句Her latest just called *Color, Write and Create*, a coloring journal. 第三段的中心句是Adults coloring books is a big business. 第四段的中心句是For now, there is strong demand for adult coloring books and that keeps Lucido happy and busy.

(2)确定表达要点、灵活准确表达。每段的段落大意都是我们要表达的要点，这可以确保不漏点。本文的摘要要把全文第一句作为一个要点，因为它是全文的逻辑起点。在确定表达要点后要思考如何准确灵活表达，这是难点。因为评分标准要求完全使用自己的语言。灵活表达的重要技巧是对原来的语言进行同义替换(paraphrase)，同时要对相关内容进行整合。要点1的表达已经很清楚，因此需要进行同义替换。要点2是介绍Lucido的新书，因此我们应该对该书的卖点进行概括介绍。要点3和要点4全面介绍Lucido的涂色书事业及顾客反响，可以整合在一起表达。

**[参考范文]**

Trina Lucido is the creator of adult coloring books, whose inspirations stem from daily life(要点1). Aiming at encouraging people’s creativity, her latest book *Color, Write and Create* serves as a comfort to the tough life(要点2). Due to the unique features she sticks to, her coloring books get positive feedbacks and are growing in popularity now, which in return leads to the boom of her career(要点3,4).

**[范文解析]**

要点1用the creator of adult coloring books替换了… creates coloring books，whose inspirations stem from daily life替换了原文中的inspirations are all around her。要点2用aiming at encouraging people’s creativity代替了The idea behind this book is a big idea which to encourage people to be creative。要点4中There is strong demand for adult coloring books用Her coloring books are growing in popularity now替换。要点3和要点4根据内容和其内在逻辑进行了合理的整合，使句子的表达更加简洁。原文中的读者反馈 —— It’s very relaxing. Any stress just sort of falls away. It frees your mind等直接用positive feedbacks进行概括。要点3即Adults coloring books is a big business. 其实是作者涂色书的独具一格以及良好读者反响产生的结果，因此根据其逻辑关系整合在了一个句子中，并用which in return leads to her career’s boom进行概括。

**[提炼归纳]**

1. 语义转换

语义转换是新题型概要写作中很重要的一项基本技能，因为评价标准对“使用自己的语言进行观点的独立表达”有较高的要求。语义转换可以是简单的单词替换，同义短语替换，词性转换，也可以是句型转换。如要点1中使用的方法是词性转换，原文中用的是动词create，范文中用名词the creator进行了替换。范文中whose inspirations stem from daily life替换了原文中的inspirations are all around her，此处属于句式转换。要点2用aiming at encouraging people’s creativity代替了The idea behind this book is a big idea which to encourage people to be creative，也是属于句式替换。句式转换还包括把要点4的原句There is strong demand for adult coloring books用Her coloring books are growing in popularity now替换。通过不同方式的语义替换可以避免重复原文内容，使范文表达更加多样化。

2. 要点整合

为了达到概要写作规定的字数，在准确梳理原文要点的基础上，我们需要对原文的观点进行必要的整合，可以帮助我们更简洁、有效地表达。范文的呈现就是一个很好的例子。第一句是介绍人，第二句介绍书，第三句介绍其事业发展现状并展望未来。其中，第三句对要点3和要点4进行了合理的整合，使句子的表达更加简洁，结构更加具有逻辑性。要点3是作者涂色书在读者中的良好反响，要点4是作者的涂色书事业大有潜力，两者具备因果关系，因此范文根据其内在逻辑进行了整合。

**【写作演练】**

1.阅读下面短文，根据其内容写一篇60词左右的内容概要。

In our modern world, when something wears out, we throw it away and buy a new one. The problem is that countries around the world have growing mountains of rubbish because people are throwing out more rubbish than ever before, which, of course, raises the public’s concern of our living environment.

How do the society become a throwaway one? First of all, it is now easier to replace an object than to spend time and money repairing it. Thanks to modern technology, companies are able to produce products quickly and inexpensively. Products are plentiful and cheap, and it’s more convenient to get them delivered nowadays.

Another course is our love of disposable (一次性的) products. As busy people, we are always looking for ways to save time and make our lives easier. Companies produce thousands of different kinds of disposable products: paper plates, plastic cups and cameras, to name a few. It seems that disposable products have become a common part of our life.

Longing for new products also leads to the problem. We are used to buying new things and are always talked into buying something we don’t need. Advertisements persuade us that newer is better and that we will be happier with the latest products. The result is that we throw away useful belongings to make room for new ones. To decrease the amount of rubbish and to protect the environment, more governments are requiring people to recycle materials. However, this is not enough to solve our problem. Maybe there is another way out. We need to repair our belongings instead of throwing them away, we also need to rethink our attitudes towards spending. Repairing our belongings and changing our spending habits may be the best way to reduce the amount of rubbish and take care of our environment.

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2.阅读下面短文, 根据其内容写一篇60词左右的内容概要。

There are many resources for people who are interested in volunteer tourism, but the best way to find these chances is to discover an organization you particularly want to work with. A simple Internet search for “volunteer tourism” will bring you many websites that offer this kind of travel experience. It is therefore important to research an organization before signing up to travel to a distant corner of the earth to become a volunteer. Many people rely on other organizations they know and trust them to do research for them. Many people sign up for volunteer tourism chances provided by their schools.

Before you choose a volunteer tourism trip, it is important to get a clear picture of how much money the trip will cost. It is also important to understand the kind of work that will be required of the volunteers, because not everyone is up to the challenge of spending many days doing heavy work. Any website can put up quotes from former volunteers that may not be true. If an organization offering volunteer tourism has an office in your city, take a trip to the office and speak with the people working there as this will help to get a better understanding of the financial and physical commitments (承诺) that volunteers must make.

It is also important to consider what kind of volunteer work you want to do. There are organizations that focus on volunteer chances for people who want to work on community building, others for people who want to volunteer in the field of education, and others still for people who have medical training and are willing to share their skills. There are also a number of volunteer tourism chances for people who want to help those in need.

Once you have found the type of volunteer work that you would like to do and created a list of volunteer tourism chances, it makes good sense to speak to former volunteers. It is a good way to choose the volunteer chance fit for you. It is also a good way to prepare for the trip and make it a success.

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3.阅读下面短文，根据其内容写一篇60词左右的内容概要。

Our house has always been full of plant life. My mom has green thumb (园丁能手). Every summer, she transforms our backyard into a fruit and vegetable farm. For two months, our dinner plates are filled with snow peas, sweet green tomatoes and spicy peppers.

Mom puts the same care and attention into her family as she does into the houseplants and garden. I grew under the sunshine of her smile I loved spending summer afternoons digging up worms in the backyard with my mom. I listened to stories about her childhood in remote northern China. Her favorite was about how she used to get up before the sun to get to school and how the corn stalks (玉米杆), which grew twice as tall as her on both sides of the path, moved in the wind, making her scared.

This November will mark 21 years since my parents left their comfortable life in China for Canada’s cold weather. Their first years were hard. They got by in a rented basement apartment. My mom held me in her lap while she sewed wedding dresses. Compared with my mom, I’ve had an easy life.

I’ve been thinking lot about my identity and how it was shaped by my mom’s influence. I might have never discovered a love for reading if she hadn’t read me a bedtime story every night or a love of music if she hadn’t taught me to play the piano. I have so much to learn, so much still to do. But thanks to my mom, I’ve got solid roots that I can draw on as I grow into my future.

My goal for university is to keep plants alive in my dorm for an entire year. My mom has been teaching me how. In September, I’ll go off to university, and these plants will sit on my dorm windowsill (窗台). They’ll stay alive because I’ll take care of them the same way that my mom took care of me. They’ll thrive, even. How could they not, when they’re supported by one (and a half) green thumbs?

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4.阅读下面短文，根据其内容写一篇60词左右的内容概要。

Why do we have deserts today? Deserts have not always been here. Most deserts that we have today were once green lands full of plant life. One of today’s biggest deserts is in North Africa. However, in the 1st century BC farms in North Africa grew corn and wheat to make bread for the whole city of Rome. How did this area become desert?

Both weather and people can help form a desert. Hot weather or very little rain makes the land so dry that nothing can grow. While in some regions, the increase in desert areas is occurring largely as a result of a trend toward drier climatic conditions.

Continued gradual global warming has produced an increase in aridity (干旱) for some areas over the past few thousand years. The process may be sped up in the following decades if global warming resulting from air pollution seriously increases.

The primary reason for desert formation is human activities, though. If people cut down or burn trees and plants to make land clear for farming, the wind can blow the soil away and turn the dry land into sand. Another big problem is farming on land that is not very good. This poor land can very quickly turn into desert, if it is farmed too much. One of the biggest causes, however, is when people take their animals to the same fields to feed over and over, and the fields finally lose all their nutrition. Because of these problems, deserts are slowly taking over green land in many parts of the world, including China.

However, we can fight the growing deserts! In some parts of China people are working to prevent desert from expanding. In Xinjiang, for example, some farmers are trying new scientific farming methods. These methods make it possible to use less land for crops, so farmers then can plant trees on the rest of their land!

One Xinjiang farmer used only HALF of his fields to grow the SAME amount of crops as last year. On the other half of his land, he planted fruit trees. The work of people like this is helping to fight the world’s growing deserts.

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5.阅读短文，根据其内容写一篇60词左右的内容概要，

Recently, Children should eat their meals and snacks at home during the outbreak of the covid-19 (新冠病毒),which means not only adding a new stress (压力)for parents (eg, a lot more cooking!), but also providing a new chance for parents to teach children cooking skills.

Helping children develop an interest in cooking when they're young can help them have the valuable life skill that they can carry into adulthood. Allowing children to help in the kitchen encourages them to learn where food comes from, and teaches them about nutrition and food safety (e.g., the importance of washing fresh produce with clean water, or hand-washing before and after helping in the kitchen). Doing so may also help children overcome picky eating by becoming more accepting of new foods. What's more, cooking and baking can be *fun* ways to spend time while bonding with family.

The key is finding tasks that suit children's age and ability, while still guiding and monitoring their progress. Activities that may attract a preschooler's interest in cooking include helping to wash fruits and vegetables and add toppings to a pizza. Older children can be given tasks such as measuring ingredients into cups or beating eggs. Proper cooking skills to introduce to the children aged between 8 and 10 include planning a family meal or following a simple recipe (食谱).By ages 10 to 12} once able to follow kitchen safety rules, many children can prepare more recipes, including meatballs, cookies and cupcakes.

Getting children to take part in kitchen activities may require patience as they learn. That's why it's helpful to have some extra time at home.

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**答案与解析**

1.【参考范文】

Nowadays, people’s throwaway lifestyle produces more rubbish than ever before. The main reasons are as follows: Firstly, to replace an object is easier than to repair it. Secondly, using disposable products becomes more and more common. Besides. People are in favor of new products, thus throwing away old ones. To solve this problem, apart from recycling materials, we should change our spending habits, repairing more rather than buying more.

【解析】

这是一篇概要写作题型。要求考生根据短文写一篇60词左右的内容概要。

完成一篇概要写作，需要经过三个步骤：

1.读懂原文，抓住段落主题句。在阅读过程中，需要准确把握文章的段落大意，学会剔除非重要信息，弄清楚不同体裁的文章内部的逻辑关系以及文章的篇章结构。如本文是属于说明文，说明文的篇章多采用总分结构，即作者先提出一个需要说明的主题或者要点，然后其他段落围绕这个主题进行展开，段落的结构布局也多采用总结结构，即作者提出本段的主题句，然后段落其他的拓展句将围绕主题句进行详细说明。如第一段的最后一句“The problem is that countries around the world have growing mountains of rubbish because people are throwing out more rubbish than ever before, which, of course, raises the public’s concern of our living environment.”表示的是这个问题就是因为人们比以前扔掉更多垃圾，所以全世界的国家有堆成山的垃圾，这引起了公众对我们生存环境的担忧。这是本篇文章要说明的对象和要点，紧接着其他段落将围绕着“人们乱丢东西的现象导致垃圾增多”进行展开。

2.组织语言，转换表达。在找到主题句明确全文中心的基础上，不全盘照抄原文句子，尽量用自己的语言转换表达，组织好语言，注重语言表达的独立性和准确性以及高级性，同时要注意篇幅的比例安排，用较多的文字去表达重要的内容。如第一段的最后一句“The problem is that countries around the world have growing mountains of rubbish because people are throwing out more rubbish than ever before, which, of course, raises the public’s concern of our living environment.”可以转换为“Nowadays, people’s throwaway lifestyle produces more rubbish than ever before.”

3.通读全文，逻辑连贯。要牢记各段落要点之间的逻辑关系和自然衔接，用恰当的关联词，衔接词去连贯全文。如：

1.表文章结构顺序：First of all, Firstly/First, Secondly/Second… And then, Finally, In the end, At last

2.表并列补充关系：What is more, Besides, Moreover, Furthermore, In addition As well as, not only…but (also), including,

3.表转折对比关系：However, On the contrary, but, Although+clause(从句), In spite of+n/doing, On the one hand…,On the other hand… Some…,while others…,as for, so…that…

4.表因果关系：Because, As, So, Thus, Therefore, As a result

2.【参考范文】

If you are interested in volunteer tourism, the main thing is to find an organization you want to work with. Before choosing a volunteer tourism trip, you should learn in advance how much it will cost and what kind of work it requires volunteers to do. Besides, consider seriously what type of volunteer work you prefer. Once you’ve made your decision, you'd better speak to former volunteers to prepare yourself for a successful trip.

【解析】

写作步骤

1)细读原文。首先要仔细阅读短文，掌握文章主旨。文章第一段阐述了对于公益旅行感兴趣的人来说, 找到一个自己想要合作的组织很重要。第二段阐述了在选择公益旅行之前, 得清楚地了解这趟旅行的花费以及志愿者的具体工作内容。第三段阐述了认真考虑想做什么样的志愿者工作也是很重要的一件事。最后一段阐述了与以前的志愿者交谈的必要性以及意义。

2)弄清结构，归纳段意。概要写作是写全文概要，不是写某一部分的概要，或者就某些问题写出要点。因此一定要弄清文章结构，归纳文章各段大意。

3)列出原文要点。分析原文的内容和结构，将内容分项扼要表述并注意在结构上的顺序。在此基础上选出与文章主题密切相关的部分。

【范文点评】

本文描写详略得当，使用了高级词汇和高级句子。如：be interested in，kind of，prepare oneself for等高级词汇；If you are interested in volunteer tourism, the main thing is to find an organization you want to work with.条件状语从句等高级句式。

3.【参考范文】

My mom is good at gardening. In addition to her plants, she takes great care of her family. Although the first years were hard for her when she moved from China to Canada, she enabled me to live an easy life. She has influenced me in many aspects. For example, she helped me develop an interest in reading and music. She helped me become who I am and who I will be.

【解析】

本文为概要写作。概要写作，简言之就是对所读过的文章简要概括，写出文章的中心大意，也可称之为摘要。主要考查对文章主旨大意的概括和准确获取关键词的能力，同时考查学生用简洁语言概括文章重要信息的能力及对文章整体结构的把握能力。

1)细读原文。首先要仔细阅读短文，掌握文章主旨和结构，明确各段的大意。

2)弄清要求。概要写作是写全文概要，或者就某些问题写出要点，略去不必要的细节。

3)列出原文要点。分析原文的内容和结构，将内容分项扼要表述并注意在结构上的顺序。在此基础上选出与文章主题密切相关的部分。

4)写作时注意要把文章的具体信息用一些具有概括功能的词和句表述出来，而不是抄袭文章的原句，通过对文章中的单词、词组和句子进行合理转换，再用合适的语言表述出来。概要应同原文保持协调，注意要点之间的衔接，要用适当的关联词语贯通全文。有时也可对原文句子做一些同义词替换，如果结构上也能有一些转换会更好可采用句型转换、同义词的运用、概括、主被动语态、合并句子等对文章的具体信息进行概括。此外还要计算词数，看是否符合规定的词数要求。

本文的第一段的中心句子是“. My mom has green thumb .”可改为My mom is good at gardening。第二段的中心句是“Mom puts the same care and attention into her family as she does into the houseplants and garden.”可改为she takes great care of her family。第三段中心可概括为“Although the first years were hard for her when she moved from China to Canada, she enabled me to live an easy life.”。最后两句概括为“I’ve been thinking lot about my identity and how it was shaped by my mom’s influence. For example, she helped me develop an interest in reading and music. She helped me become who I am and who I will be.” 。最后再运用连词把所有的要点连词起来重新表述。

【范文点评】

本文为概要写作。文章能准确把握文章的要点，运用句型转换、同义词的运用、，概括、主被动语态、合并句子等把要点完整表述出来。文章结构合理，基本与原文一致。文章中运用了一些较高级的词汇，如be good at ;in addition to; takes great care of; enable sb. To do; live a… life ;develop an interest in等。文章句式比较灵活，以简单句为主，与复合句相辅相成。文章中的复合句有状语从句Although the first years were hard for her when she moved from China to Canada, she enabled me to live an easy life以及宾语从句She helped me become who I am and who I will be。

4.【参考范文】

Today, the earth is witnessing an increase in deserts. Both weather and people are responsible for this. (要点1) In North Africa, serious dryness results primarily from its climatic conditions, and continued gradual global warming has made the land even drier. (要点2) Human activities like over-cultivating, over-farming and over-grazing, however, are the leading causes of growing deserts. (要点3) Fortunately, efforts can be made to stop the expansion of deserts. Farmers in Xinjiang are helping to fight it by trying new scientific farming methods. (要点4)

【解析】

写作步骤：

1)细读原文。首先要仔细阅读短文，掌握文章主旨。文章主要说明了地球上的沙漠正在增加，气候和人类的活动都有责任。在北非，严重的干旱主要是由于它的气候条件，而持续的全球变暖使土地更加干燥。然而，过度耕种、过度耕作和过度放牧等人类活动是沙漠日益扩大的主要原因。幸运的是，我们可以努力阻止沙漠的扩张。

2)弄清结构，归纳段意。概要写作是写全文概要，不是写某一部分的概要，或者就某些问题写出要点。因此一定要弄清文章结构，归纳文章各段大意。

3)列出原文要点。分析原文的内容和结构，将内容分项扼要表述，并注意在结构上的顺序。在此基础上选出与文章主题密切相关的部分。

5.【参考范文】

It’s meaningful for parents to get their children involved in the kitchen activities when trapped at home.(要点1)Firstly, parents can arouse their interest in cooking at an early age, which is beneficial to children.(要点2)Secondly, they should give the children some suitable tasks depending on their age and ability.(要点3)Finally, parents should be patient when children are learning to cook.(要点4)

【解析】

这是一篇概要写作。本文介绍了父母让孩子在家里参与厨房活动是很有意义的。

写作步骤：

1 )细读原文。首先要仔细阅读短文，掌握文章主旨。阅读文章可知，父母让孩子在家里参与厨房活动是很有意义的，并提及了意义的三个方面。

2 )弄清结构，归纳段意。概要写作是写全文概要，不是写某部分的概要，或者就某些问题写出要点，要综合每段段意概括出文章大意。本文第一段讲病毒爆发期间为家长们提供了一个新的机会来教孩子们烹饪技巧。第二段讲激发他们对烹饪的兴趣，这对孩子是有益的。第三段讲父母应该根据孩子的年龄和能力给他们一些合适的任务。第四段讲当孩子们学习烹饪时，父母应该有耐心。

3 )列出原文要点。分析原文的内容和结构，将内容分项扼要表述并注意在结构上的顺序。在此基础上选出与文章主题密切相关的部分。